Early root growth plasticity in seedlings of three Mediterranean woody species

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Abstract
Since very young seedlings are sensitive to dehydration, soil desiccation is often responsible for seedling death in water-stressed environments. Roots play a major role in overcoming water stress and plant establishment, thus early root development in response to limited water availability becomes a strategy that may ensure seedling recruitment. We explored whether different water availabilities altered growth patterns of very young seedlings, focusing on root elongation, and hypothesized that seedling responses would depend on species-specific drought tolerance and seed size. We carried out a greenhouse experiment exposing two-week-old seedlings of three Mediterranean shrubland species, the drought-tolerant and small-seeded *Genista umbellata* (L’Hér.) Dum. Cours. and *Lycium intricatum* Boiss., and the drought-sensitive, large-seeded *Retama sphaerocarpa* (L.) Boiss., to two watering quantities and monitored plant and root growth weekly in glass cases for five weeks. We found that at such early stages, reduced water quantity enhanced root growth in all three species, regardless of drought tolerance and seed size, although root plasticity was the highest in the small-seeded and drought-tolerant *Genista*. In contrast, shoot elongation and mass allocation, root-to-shoot mass (R:S) ratio, was unaffected by watering. Seedlings responded to lower water availability with faster root elongation rate and greater absorptive root surface, which can account for the enhanced relative growth rate (RGR) of the small-seeded *Genista* and *Lycium* under reduced watering. By contrast, a larger root absorptive surface did not lead to higher RGR in the large-seeded *Retama* probably because of its greater independence from external mineral resources. Our data evidence the importance of
water availability on the initial developmental stages of these three species regardless of seed size and drought tolerance. Root growth can be interpreted as an adaptive strategy to deal with drying soils and decreasing soil moisture since larger roots enable to exploit unexplored soil areas of soil, which may ensure recruitment success.
Introduction

Plant communities are shaped by germination and recruitment processes (Donovan et al. 1993), which ultimately affect community composition and structure (Grubb 1977; Harper 1977). Plants do not actively choose the habitat they grow in (Bazzaz 1991); rather, habitat choice is first imposed on plants by seed dispersal, and then by environmental factors which constrain seed survival, germination, seedling establishment and growth (Schupp 1995). After seed dispersal, germination does give way to the most critical phase in the regeneration process, seedling establishment (Fenner and Kitajima 1999). Very young seedlings are susceptible to many hazards, such as extreme temperatures and radiation, competition, pathogens, herbivory or drought (Moles and Westoby 2004a), and as a result high mortality rates are often associated to this stage (Fenner 1987). An important determinant of successful seedling recruitment is the microsite where the seed is placed, often a safe site providing conditions and resources required for germination and establishment (i.e., the regeneration niche sensu Grubb 1977; Fenner 1987). However, seed-seedling conflicts may arise when environmental conditions promoting seed germination are not favourable for seedling survival and growth (Schupp 1995), e.g., conditions good enough for triggering germination may not be as good for seedling growth. Eventually, seedling’s fate and recruitment success will depend on the seedling’s ability to cope with limiting environmental conditions.

Because emerged seedlings are much more sensitive to dehydration than seeds or juvenile individuals (Evans and Etherington 1991), drought is often the main cause of seedling death in many environments (Moles and Westoby 2004a). This is particularly true in water-stressed Mediterranean ecosystems, where a dry, long summer season jeopardizes recruitment of seedlings emerged in winter and spring (Herrera 1992).
addition, seedlings in arid environments are exposed to highly variable rainfall, both in
duration and amount, being characteristic the presence of dry periods interspersed
between rain events (Lázaro et al. 2001). Establishment success in such areas greatly
depends on seedling ability to overcome water shortage (Davis 1989), and root systems
play a major role. Large biomass allocation to roots is often related to higher survival
rates through improved water and nutrient uptake (Lloret et al. 1999, Pugnaire et al.
2006) linked to reaching moister soil layers and exploring larger soil volumes (Davis
1989; Donovan et al. 1993; Leishman and Westoby 1994a). Consequently, deep-rooted
seedlings have a probability of surviving summer drought higher than shallow-rooted
seedlings (Padilla and Pugnaire 2007). Species-specific drought tolerance, however, is a
main factor for seedling survival in drying soils (Ackerly 2004), and Davis (1989) and
Hasting et al. (1989) found in the California chaparral that seedlings of drought-tolerant
species, usually shallow-rooted, survived water shortage better than seedlings of
drought-avoider species, often deep-rooted, because of the greater tolerance to low soil
water potentials of tolerant species. Seed size has also been related to successful
recruitment in dry habitats (Leishman and Westoby 1994a; Moles and Westoby 2004b).
Large-seeded species have storage reserves in cotyledons that sustain growth during
unfavorable periods, and are more likely to have large seedlings and longer roots than
small-seeded species (Buckley 1982; Jurado and Westoby 1992; Fenner and Kitajima
1999), traits shown to be related to a higher probability of survival by allowing access
to soil moisture at deeper levels (Donovan et al. 1993).

Given the typically unpredictable and variable rainfall in arid environments and
Mediterranean ecosystems, and the fact that climate change scenarios forecast for the
western Mediterranean Basin a mean annual precipitation reduced by ~30% and shifts
in the frequency of rain events, i.e., greater, less frequent events followed by longer
drought periods (IPCC 2001), understanding seedling responses to changes in water availability is important. Here, we explored whether differences in watering altered growth patterns of seedlings at the very early stages of development, with cotyledons still attached. We carried out an experiment in mini-rhizotrons, subjecting very young seedlings of three perennial woody species of Mediterranean shrubs to reduced watering, monitoring plant and root growth. We reduced the amount of water supplied and its frequency expecting that pulses of water of different magnitude have different effects on plants, even if the amount of water provided is kept constant. Research has shown that roots grow towards resource patches (Reader et al. 1993; Cahill and Casper 1999; Rajaniemi and Reynolds 2004; Eapen et al. 2005), showing an elongation response in low moisture (Evans and Etherington 1991). Furthermore, it is widely accepted that plants adjust to resource imbalance by allocating biomass to organs that acquire the limiting resource (Chapin et al. 1987). Therefore, we expected larger biomass allocation to roots relative to shoots and larger root elongation rates in response to drought as a means to overcome water shortage. We hypothesized that 1) seedling responses would depend on species’ water stress tolerance, so that drought-sensitive species would show stronger responses to drought than drought-tolerant species as a means to overcome their lower capacity of dealing with low water availability and, following Leishman and Westoby (1994a) 2) root growth would be positively associated to seed size, so that large-seeded species would show stronger responses to drought than small-seeded species because cotyledons allow plant to growth under unfavorable conditions.

Materials and Methods

Species
Three perennial woody species co-occurring in open Mediterranean semiarid shrublands of southeast Spain were selected; *Genista umbellata* (L’Hér.) Dum. Cours., *Lycium intricatum* Boiss., and *Retama sphaerocarpa* (L.) Boiss. Hereafter we refer to these species by their generic names only. Two of the species were nearly leafless legumes with photosynthetic stems, the small shrub *Genista* and the large shrub *Retama*, whereas *Lycium* was a thorny shrub with drought-deciduous succulent leaves. Our species differed in drought-tolerance strategy based on rooting depth and minimum pre-dawn water potential ($\Psi_{pd}$) measured in the field during the water shortage. *Retama*, a very deep-rooted species accessing stable water sources through the year (Haase et al. 1996), may be considered as drought–avoider given the usually high $\Psi_{pd}$ reported ($\approx -1.5$ MPa, Haase et al. 1999). The other two species can be classified more properly as drought-tolerant. *Lycium* stands very low water potentials ($\approx -5$ MPa, Tirado 2003) and its drought-deciduous habit evidences shallow rooting depth. There are no data available for *Genista umbellata*, a shallow-rooted species (< 0.75 m, pers. obs.), but a closely related species, *G. hirsuta*, showed high tolerance to Mediterranean stress, reaching $\Psi_{pd}$ under -6 MPa (Lansac et al. 1994). Species also differed in seed mass. *Genista* and *Lycium* are relatively small-seeded species, whereas *Retama* is a larger-seeded species with very heavy seed coat (up to 35 mg, Table 1).

**Experimental design**

Freshly collected seeds of the three species were sown separately in germination trays containing type III vermiculite (Verlite®, Vermiculita y Derivados SL, Gijón, Spain) in laboratory at room temperature and light on 22 Mar. 2005. Seeds were collected in the field or provided by local nurseries. All seeds germinated within two weeks, and very young seedlings were transferred to glass cases on 13 Apr. 2005, once
that cotyledons had fully emerged from seed coats. Six randomly selected seedlings of
every species were harvested before transplanting (Table 1). Four transparent glass
cases, 129 cm length, 43 cm depth, 3 cm width set at a 30º angle from the vertical, were
filled with vermiculite and placed in the greenhouse (Fig. 1). Because of the narrow
design of the cases, we selected vermiculite because its lower compaction and greater
oxygenation than other growing media. The case bottom was perforated to allow for
water drainage. At transplant, individuals of each species were placed completely at
random 8 cm from each other and near the lower side of each case. Given the small
seedling size, the lack of lateral roots and the short monitoring period, this distance
seemed enough to prevent competition. The lower side of the glass case was covered by
a black canvas so that roots grew in darkness on this side and root growth could be
monitored through the glass. The other side was left uncovered. Each individual was
watered with 40 ml every three days during the first week following transplant. After
acclimation, on 19 Apr. 2005, seedlings were allocated to treatments following a
factorial design with two factors and two levels each. Watering quantity included a
control (20 ml every time) and a watering of 30% less than the control (14 ml). A
second factor included frequency of watering, and comprised a ‘normal’ level (two
waterings per week) and half the number of events (one per week). Each of the four
combinations comprised five replicates per species. All waterings were done with a
syringe to prevent flooding. Seedlings grew in a greenhouse sheltered from direct
radiation for five weeks without fertilization and the cases position was rearranged
weekly. The mean daily temperature in the sheltered area was 18.9 ± 0.3 ºC, and the
mean maximum and minimum were 23.9 ± 0.4 ºC and 13.7 ± 0.3, respectively.

Measurements
Shoot height and root length of each plant were measured weekly during the manipulation period. Shoot height was measured with a calliper and new root segments and trajectories were drawn on the glass surface using different colour markers. At the end of the experiment, root length marks on the glass were traced to acetate sheets and digitalized with a portable scanner (Epson GT7000, Seiko Epson Corp., Nagano, Japan) at 300 dpi. Root length was measured from digitalized traces using the macro RootMeasure v.1.80 (Kimura and Yamasaki, 2003) implemented on the software Scion Image Beta v. 4.02 (Scion Corp., Maryland, USA). We calculated mean root and shoot elongation rates for each plant between the initial and final lengths. Growth curves were obtained by plotting cumulative root length data against time. Maximum rooting depth was recorded before harvesting. At harvest, on 24 May 2005, shoots of each species were clipped at surface level, stored in paper bags, dried at 71°C for at least 48 hours in a ventilated oven and weighed. Glass cases were then emptied out gently so as not to break root systems and vermiculite particles attached to root hairs were removed by gently washing and brushing them out. Roots were labelled, placed into wet paper towels and kept cool in zip bags in a refrigerator until they were scanned. Root length and root area of each plant were digitalized and measured following the procedure described above for traced roots. Root biomass was obtained after drying samples as with shoots, and root-to-shoot mass ratio (R:S ratio) for each plant was calculated from these data. Specific root length (SRL, cm g⁻¹) on the entire root system was computed from total root length and mass.

Growth analysis

Relative growth rate (RGR, mg g⁻¹ day⁻¹) during the monitoring period was calculated from data at harvest (W₂) and transplant (W₁) following:
where $t_2 - t_1$ was 41 days, using the Hunt et al. (2002) spreadsheet tool. We calculated water-use efficiency (WUE, mg L\(^{-1}\)) as the ratio between biomass gained and water received during the experiment, taking into account averaged initial biomass at transplant (Kikvidze et al. 2006). From seedling root length in reduced and control water levels at harvest, we calculated for each species the relative interaction index (RII, Armas et al. 2004) as an index of root plasticity to reduced watering, expressed as:

\[
RII = \frac{(R_r - R_c)}{(R_r + R_c)}
\]  

where $R_r$ and $R_c$ were root length and shoot mass in reduced and control plants, respectively. Although this is not a specific plasticity index, its strong mathematical and statistical properties make it appropriate for comparisons between plants growing in two treatment groups, in this case control and reduced.

**Statistics**

Data were exploratory analyzed as a two-factor design (watering quantity and frequency), however, analyses showed no differences in any variable between normal watering and half the number of events in the frequency factor. Likely, pulses of water of different magnitude while keeping constant the amount of water provided did not affect soil moisture in our conditions. For this reasons we excluded the frequency factor from analyses to gain statistical power since some plants died after transplant, and those data were pooled either into corresponding control or reduced quantity level since the amount of water provided was kept constant within the frequency factor (i.e. plants in the control water quantity received 40 ml per week in one (half events) or two events
(normal frequency), and similarly in the reduced water quantity (28 ml distributed in a
single or two 14 ml events per week).

Data were then analyzed as a factorial design with two factors, species and water
quantity. Differences in mean growth rate, total root length, root area, maximum rooting
depth, biomass, SRL, R:S ratio and WUE were tested using two-way analysis of
variance (ANOVA) for each variable followed by Tukey HSD post-hoc comparison
tests. For total root length analysis we used length of traced roots instead of length of
scanned roots since the former data were more homoscedastic. Differences in root
length measurements between the two procedures were not significant (paired t-test,
P=0.47). Because of the unequal sample size, we used type III sum of squares.

Heteroscedastic variables were transformed to meet ANOVA assumptions. When
variables were still heteroscedastic (as in WUE), we ran for each species separately the
non-parametric Mann-Whitney U test (M-W U). Comparisons in plasticity index (RII)
among species were conducted from standard errors since all replicates belonging to a
treatment were integrated in computation.

Since plotted data of cumulative root length against time showed a linear trend,
growth curve analyses were conducted by fitting individual data to a linear function \( Y = \\
mX + b \), where \( Y \) was length (cm), \( X \) was time (days), \( m \) was the slope and \( b \) the y-
intercept. Differences in growth curves between species and water treatment were tested
by comparing regression slopes of each plant (\( m \)) through ANOVA. We could not
perform repeated-measures and multivariate ANOVA to test growth responses because
our data violated statistical assumptions (Von Ende 2001). Only those individuals
whose roots could be seen through the glass case from the beginning of the experiment
were included into root growth analysis.
All tests were conducted with Statistica v. 6.0 (Statsoft Inc, Tulsa, OK, USA) and differences were considered significant at $P<0.05$. Data are presented as means ± one standard error.

Results

Cumulative root length over time was best adjusted to a linear function. Growth curves were statistically different between control and reduced water quantity in all species ($P=0.014$), with roots under drought growing faster (Fig. 2). This was reflected in root elongation rate ($\text{ANOVA}_{\text{water}} P=0.013$); plants subjected to lower watering elongated more than control plants (8.58±0.74 vs. 6.74±0.65), regardless of species identity ($\text{ANOVA}_{\text{speciesxwater}} P=0.99$, Fig. 3a). We found significant differences in mean root elongation rate among species, with *Lycium* having the highest rate (10.57±0.58 mm day$^{-1}$), followed by *Retama* (6.66±0.66) and *Genista* (4.67±0.49, Table 2). As for root plasticity, all species responded to reduced watering by developing longer roots (as reflected by positive values of RII), though *Genista* showed the strongest response (0.142±0.024), whereas in *Lycium* and *Retama* it was lower (0.078±0.011 and 0.083±0.017, respectively).

Total root length and root area at harvest differed among species, decreasing *Lycium > Retama > Genista* (Table 2, Fig. 3b). There were also significant differences in root length and root area between water treatments ($\text{ANOVA}_{\text{water}} P<0.01$), regardless of species ($\text{ANOVA}_{\text{speciesxwater}} P>0.6$, Fig. 2 and 3b). When compared to control, plants supplied with reduced water quantity showed longer roots (28.65±2.26 vs. 35.75±2.57 cm) and greater root area (2.69±0.26 vs. 4.02±0.47 cm$^2$). On the contrary, we only detected a tendency to root deeper in response to lower water availability (25.55±2.03 cm for reduced vs. 22.45±1.71 cm for control plants, $\text{ANOVA}_{\text{water}} P=0.13$, Tables 2 and 3).
Roots of *Lycium* and *Genista* had higher SRL than *Retama*, although no significant adjustment in response to altered watering quantity was detected in any species \( (P_{\text{water}}=0.86, P_{\text{species x water}}=0.31) \). Root-to-shoot mass ratio was below 0.6 in all species (Table 3), ranging from 0.47±0.05 in *Genista* and 0.41±0.03 in *Lycium* to 0.28±0.02 in *Retama*. We did not detected significant effects of water quantity on R:S ratio in any species (ANOVA, \( P=0.42 \)).

We found differences among species in plant, shoot and root mass at harvest (ANOVA, \( P<0.001 \), Table 2), in contrast, no differences were observed in mean shoot elongation in any species in response to drought (M-W U_{\text{water}}, \( P>0.25 \)). The effects of watering quantity on biomass depended on species, as revealed by the species x water interaction (ANOVA, \( P<0.03 \)); plants supplied with lower water quantity tended to exhibit larger mass than those in control in *Lycium* and *Genista*, whereas *Retama* performed nearly the same both in control and reduced levels. The same pattern was observed if plant growth was considered with respect to initial plant size (i.e., RGR); relative growth rate of total plant, shoot and root masses were higher under reduced water in *Genista* and *Lycium*, whereas differences in *Retama* were less patent (Table 3). This mirrored in water use efficiency of productivity and shoot plasticity. Plants supplied with lower water quantity produced significantly more biomass per water received than those in control in *Lycium* (M-W U_{\text{water}}=5, \( P<0.01 \)), and marginally in *Genista* (M-W U_{\text{water}}=8, \( P=0.06 \)). In *Retama*, however, biomass gain was independent of water provided (M-W U_{\text{water}}=27, \( P=0.91 \), Fig. 3c).

**Discussion**

A small reduction in water supply enhanced root elongation in all our species at very early stages of development, when cotyledons were still attached. This could be an
analogous response to etiolation of shoots under shaded conditions (Leishman and Westoby 1994b). Despite the contrast in seed mass and drought tolerance among *Retama, Lycium* and *Genista*, all three species, either drought-tolerant or sensitive, large or small-seeded, responded equally to reduced watering. These data evidence the importance of water availability for seedling development during such early stage. The increase in root length and area in plants under reduced watering can be interpreted as an adjustment of absorptive surfaces to find water resources (Hutchings and de Kroon 1994). By increasing root length, plants exploit a larger soil volume tapping otherwise unexplored areas and increase their resource uptake capacity, which depends on root surface area (Lambers et al. 1998b).

Our findings agree with reports showing root elongation in response to low soil moisture (Evans and Etherington 1991). Reader et al. (1993) found that rooting depth of seedlings of wild species increased in response to drought due to higher elongation rates, particularly in species that regenerate mainly from seeds after disturbance (seeders), suggesting that selective pressures favour plasticity in root growth, affecting traits that promote seedling survival. Although we do not report significant differences in rooting depth between control and reduced water (P=0.13), most likely because of the short time period considered, our data are consistent with this explanation. Thus, early root growth shows an adaptive strategy to deal with water stress at the seedling stage (Fitter 1991). Root elongation and deeper rooting depth in response to water stress is presumably also an adaptation that allows exploitation of declining soil moisture (Lambers et al. 1998a) and in fact, the ability to develop roots accessing deep soil moisture has proved decisive for survival of seedlings during summer months in a Mediterranean semiarid environment (Padilla and Pugnaire 2007). Our hypothesis that root growth response would be stronger in the drought-sensitive and large-seeded
Retama because of its sensitivity to dehydration and larger seed reserves could be rejected since a drought-tolerant and small-seeded species (Genista) showed a distinctly plastic response. Developing seedlings of large-seeded species acquire most resources from seed reserves (Fenner and Kitajima 1999), and then they are relatively more independent from external resources than small-seeded species. However, the weak response we found may not involve a disadvantage in the field, since germination timing and seedling size may offset low root growth capacity. Interestingly, there are reports of greater root elongation rate in drought-tolerant turfgrass (Huang 1999) and phreatophyte seedlings (Horton and Clark 2001), and in seedlings of species restricted to dry sites (Evans and Etherington 1991) when subjected to lower water availability. It is clear that root plasticity is under genetic control (Sydes and Grime 1984; Sharp et al. 2004) and species do not show the same ability to elongate; however, whether root plasticity is linked to the species’ drought tolerance, and the underlying mechanisms, still remains unclear.

Surprisingly, we found larger shoot mass and higher RGR in Lycium and Genista seedlings supplied with less water, whereas differences were negligible in Retama. It is improbable that this was due to greater root biomass allocation or root length exploiting potentially more soil volume of Retama, since it allocated the least to roots (lowest R:S ratio) and showed one of the shortest root lengths at transplant. Rather, seed size and cotyledon reserves can explain such response, since they strongly affect seedling growth (Leishman and Westoby 1994b; Cornelissen et al. 1996; Bonfil 1998; Hanley et al. 2004; Hanley and May 2006). Large-seeded species, indeed, have storage cotyledons characterized by a slow, prolonged mobilization of reserves (Kidson and Westoby 2000), relying to a greater extent on cotyledons than on soil resources and light (Milberg and Lamont 1997), whereas small-seeded species are more dependent on
light and soil resources (Leishman and Westoby 1994b; Fenner and Kitajima 1999). In our experiment, all three species retained green cotyledons until harvest, but cotyledon reserves lasted longer in *Retama* than in *Lycium* and *Genista* because of its differences in seed size (up to two orders of magnitude) and cotyledon mass. All three species increased root absorptive surface with lower water availability as a strategy to maximize water uptake, allowing secondarily greater nutrient uptake; *Retama*, however, did not show changes in shoot growth due to its greater dependency on cotyledons. In this sense, Jurado and Westoby (1992) found that seedlings from large-seeded species thrived better under nutrient stress than small-seeded species, since their growth remained independent from external resources, and similar results were reported by Milberg and Lamont (1997). In conclusion, increased root absorptive surface caused by low water availability was a response of all three species to maximize water uptake, which also allowed for greater nutrient uptake. In fact, Wan *et al.* (2002) also found that drought induced root production and enabled droughted plants to produce above-ground biomass similar to that of plants receiving full watering. However, in our experiment, growth depended on cotyledon reserves. Shoot growth and RGR was higher under reduced watering in *Genista* and *Lycium* because of greater root exploitation and resource uptake, while *Retama* depended more on cotyledon reserves and shoot growth was relatively unaffected by nutrient uptake.

Having small-diameter roots (i.e., higher SRL) favours greater rates of water and nutrient uptake (Eissenstat 1992; Cornelissen *et al.* 2003), therefore larger SRL under reduced water availability could be expected as a strategy to maximize absorptive surfaces (Reich *et al.*1998; Wright and Westoby 1999). All species showed increased root length under reduced water availability, evidencing changes in root morphology with water quantity, but SRL did not differ between watering treatments. This
inconsistency can be due to the fact that we used the whole root systems to obtain this measurement, and Nicotra et al. (2002) showed that SRL of the entire root systems can differ from that measured on the main axis or secondary roots. Similarly, large biomass allocation to roots relative to shoots (i.e., higher R: S ratio) also favours water and nutrient uptake (Chapin et al. 1987; Lambers et al. 1998a), and therefore we expected larger R: S ratios under reduced water availability. However, plants did not respond to water stress by shifting allocation patterns, and the R:S ratio did not change. Although the allocation model is widely accepted (see e.g., Chapin et al. 1987; Kozlowski and Pallardy 2002), other factors do impact upon R:S partitioning. Evidence suggests that plasticity in R:S ratio may be highly species-specific (Joslin et al. 2000) and that in some species R:S ratio is remarkably stable (Klepper 1991) or subjected to developmental constraints (Gedroc et al. 1996; McConnaughay and Coleman 1999). Additionally, root demography and the ability to alter rates and place of root proliferation may have greater importance for plants than changes in mass allocation between roots and shoots (Reynolds and D'Antonio 1996).

Overall, we showed that very young seedlings responded to reduced water availability by elongating roots, whereas no significant changes in R:S ratio were detected. Greater absorptive root surface likely allowed seedlings to increase growth rate in the small-seeded species, whereas growth of the large-seeded species seemed independent from external resources. Root growth may be considered an important factor in early seedling development, since rapid extension of roots enables seedlings to tap water from previously unexplored areas of soil (Schütz et al. 2002). Regardless of seed size and drought tolerance strategy, root elongation in our three species is a common adaptive trait to cope with soil dryness at early stages. However, further research is needed to link root plasticity to species-specific drought tolerance.
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References


Table 1. Initial plant size (mg). Values are means ± 1SE. \( n=6 \) for each species, except seed mass \( (n=10) \).

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<th>Lycium</th>
<th>Retama</th>
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<td>R:S ratio</td>
<td>0.50±0.05</td>
<td>0.37±0.03</td>
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Table 2. F-values of factorial ANOVA at harvest. RER, root elongation rate between harvest and the beginning of altering watering. SRL, specific root length. Superscripts show significance P-values.

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<td>Species x Water (2)</td>
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<td>3.87</td>
<td>3.90</td>
<td>4.91</td>
<td>1.43</td>
<td>0.10</td>
<td>0.47</td>
<td>1.20</td>
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<td>0.028</td>
<td>0.012</td>
<td>0.254</td>
<td>0.909</td>
<td>0.627</td>
<td>0.312</td>
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</table>
Table 3. Plant growth and root traits. Plant, shoot and root mass (mg), root-to-shoot ratio, relative growth rate (RGR, mg g⁻¹ wk⁻¹) of total plant, shoot, and roots between the transplant and harvest dates, maximum rooting depth (cm) and specific root length (SRL, cm mg⁻¹) in the control and reduced treatment. Different letters in a row show significant differences (P<0.05) after Tukey test. Values are means ± 1SE. n=6-9.

<table>
<thead>
<tr>
<th>Plant mass</th>
<th>Shoot mass</th>
<th>Root mass</th>
<th>R:S ratio</th>
<th>Plant RGR</th>
<th>Shoot RGR</th>
<th>Root RGR</th>
<th>Rooting depth</th>
<th>SRL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Genista</td>
<td>Lycium</td>
<td>Retama</td>
<td>Genista</td>
<td>Lycium</td>
<td>Retama</td>
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<td>Retama</td>
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<tr>
<td>Control</td>
<td>Reduced</td>
<td>Control</td>
<td>Reduced</td>
<td>Control</td>
<td>Reduced</td>
<td>Control</td>
<td>Reduced</td>
<td>Reduced</td>
</tr>
<tr>
<td>Plant mass</td>
<td>7.0±0.9a</td>
<td>10.5±0.7b</td>
<td>12.9±0.8bc</td>
<td>17.9±1.3c</td>
<td>38.4±3.0d</td>
<td>35.1±3.5d</td>
<td>13.1±1.6a</td>
<td>9.1±1.0ac</td>
</tr>
<tr>
<td>Shoot mass</td>
<td>4.9±0.7a</td>
<td>7.2±0.5b</td>
<td>9.6±0.6bc</td>
<td>12.3±1.0c</td>
<td>30.4±2.8d</td>
<td>27.5±2.6d</td>
<td>161.2±28.0</td>
<td>8.1±1.4abc</td>
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<tr>
<td>Root mass</td>
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<td>3.3±0.4ab</td>
<td>3.3±0.4a</td>
<td>5.6±0.5bc</td>
<td>8.0±0.5c</td>
<td>7.6±1.1c</td>
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<td>13.8±2.2a</td>
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<td>0.27±0.02c</td>
<td>29.2±1.2cd</td>
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<td>197.8±23.0</td>
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<td>31.6±14.9</td>
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<td>4.2±0.5bcd</td>
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<td>Shoot RGR</td>
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<td>161.2±28.0</td>
<td>146.2±22.7</td>
<td>186.0±23.7</td>
<td>34.4±15.9</td>
<td>18.7±14.1</td>
<td>129.0±27.5</td>
<td>5.2±0.7cd</td>
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<td>Root RGR</td>
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<td>146.2±33.5</td>
<td>129.0±27.5</td>
<td>223.3±24.8</td>
<td>123.9±25.1</td>
<td>106.7±29.6</td>
<td>33±2.1c</td>
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</tr>
<tr>
<td>Rooting depth</td>
<td>13.1±1.6a</td>
<td>14.6±1.0ab</td>
<td>29.2±1.2cd</td>
<td>33±2.1c</td>
<td>23.2±2.5bc</td>
<td>25.4±2.9cd</td>
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<tr>
<td>SRL</td>
<td>9.1±1.0ac</td>
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<td>9.3±0.7ac</td>
<td>4.2±0.5bcd</td>
<td>5.2±0.7cd</td>
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</tr>
</tbody>
</table>
Figure captions

Figure 1. Experimental glass cases design and size (in cm). New root segments were traced on the glass weekly. Fifteen very young seedlings were placed at random in each case. Only five plants have been drawn for clarity.

Figure 2. Root elongation curves. Cumulative root length over time in control (solid symbols) and reduced watering (white symbols), and fitted linear functions (lines) with $r^2$ and P-values of regression. Growth curves of control and reduced treatments are statistically different (ANOVA$_{\text{water}}$ $F_{1,39}=6.589$, $P=0.014$), regardless of species (ANOVA$_{\text{species x water}}$ $F_{2,39}=0.062$, $P=0.940$).

Figure 3. Plant growth at harvest. a) Mean root elongation rate (mm day$^{-1}$) in the control (solid bars) and reduced watering treatment (white bars), ANOVA$_{\text{water}}$ $P=0.013$; b) root area (cm$^2$) at harvest, ANOVA$_{\text{water}}$ $P=0.007$; c) water use efficiency (mg L$^{-1}$), Mann-Whitney test. A cross indicates marginal differences between water quantities ($P<0.1$) and asterisks significant differences ($^* P<0.05$; $^{**} P<0.01$). Values are means ± 1SE. $n=6-9$. 
Figure 1
Figure 2